

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.**

Northwest Counseling and Guidance Clinic

Your Health Care Information - Protecting Your Privacy -It is your right as a patient to be informed of the privacy practices of your health care provider as well as to be informed of your privacy rights with respect to your personal health information. This Notice of Privacy Practices is intended to provide you with this information.

Northwest Counseling and Guidance Clinic's Responsibilities-It is your right as a patient to be informed of Northwest Counseling and Guidance Clinic's legal duties with respect to protection of the privacy of your personal health information. Northwest Counseling and Guidance Clinic is required to: maintain the privacy of your health information; provide you with a notice of the legal duties and privacy practices regarding protected health information collected and maintained about you; and abide by the terms of this notice.

Northwest Counseling and Guidance Clinic reserves the right to change the terms of the notice of privacy practices and make the new notice provisions effective for all protected health information that it maintains. Northwest Counseling and Guidance Clinic also reserves the right change the terms of its notice with respect to any applicable more limited uses and disclosures.

Northwest Counseling and Guidance Clinic will promptly revise and distribute its notice whenever Northwest Counseling and Guidance Clinic makes a substantial change to any of its privacy practices. Northwest Counseling and Guidance Clinic will not use or disclose your health information without your authorization, except as described in this notice.

You have the right to: Request a restriction on certain uses and disclosures of your health information. You have the right to request restrictions on certain uses and disclosures of protected health information, even if the restriction affects your treatment or Northwest Counseling and Guidance Clinic's payment or health care operation activities. However, Northwest Counseling and Guidance Clinic is not required to agree to your requested restriction. For example, if you are an employee of the clinic and you receive health care services in the clinic, you may request that your health care record not be maintained in the general record filing area.

Receive Confidential Communications-You have the right to request that Northwest Counseling and Guidance Clinic communicate your health information to you by alternative means or at alternative locations. Northwest Counseling and Guidance Clinic shall accommodate reasonable requests. For example, you may request to be contacted at a phone number that is different from the phone number listed in your health care record.

You have the right to inspect and obtain a copy of your health care record. This request for access to your health care record must be submitted in writing to Northwest Counseling and Guidance Clinic's Privacy Officer. This right may not apply to certain types of psychotherapy notes and Northwest Counseling and Guidance Clinic may charge you a reasonable fee for a copy of your health care record. For example, you may request a copy of your health care record from your family physician.

You have the right to request an amendment to your health care record if you believe your health information is incorrect or incomplete. You may be asked to make this request in writing and state the reason why your health record should be changed. If Northwest Counseling and Guidance Clinic did not create the health information you believe is incorrect or if Northwest Counseling and Guidance Clinic disagrees with you, Northwest Counseling and Guidance Clinic may deny your request. For example, if you believe that information in your medical history is incorrect, such as your birth date, you may request that this information be amended.

You have the right to an accounting of disclosures of your health information that Northwest Counseling and Guidance Clinic has made in compliance with state and federal law. The accounting will describe the dates of each disclosure, a brief description of information disclosed and the reason for disclosure. You will receive one accounting per year at no charge and Northwest Counseling and Guidance Clinic may charge you a reasonable fee for each subsequent request. For example, you may request an accounting of disclosures made from your health record in the last year to the State for disease reporting.

You have the right to obtain a paper copy of the notice upon request. For example, if you received the notice electronically, you may request that Northwest Counseling and Guidance Clinic provide a paper copy of the notice.

Northwest Counseling and Guidance Clinic is permitted by the federal privacy rule to use or disclose your protected health information for treatment, benefit information, payment or health care operations. Northwest Counseling and Guidance Clinic may use or disclose your health information for treatment. Northwest Counseling and Guidance Clinic may use or disclose your health information in the provision, coordination or management of your health care.

Your information may be disclosed from one physician to another if they are consulting each other in relation to your care and treatment.

Northwest Counseling and Guidance Clinic may use your health information to provide you with an appointment reminder.

Northwest Counseling and Guidance Clinic may send you information about treatment alternatives or other health related services that may be of interest to you.

Northwest Counseling and Guidance Clinic may use or disclose your health information for payment. Northwest Counseling and Guidance Clinic may use or disclose your health information to obtain reimbursement for the provision of health care services. The bill may include information that identifies you, your diagnosis and your treatment.

Example: Northwest Counseling and Guidance Clinic may use or disclose your information to your insurer to obtain payment for the provision of health care services.

Northwest Counseling and Guidance Clinic may use or disclose your health information for routine health care operations. Northwest Counseling and Guidance Clinic may use or disclose your health information for evaluation of patient care services, evaluating the performance of health care providers, activities relating to compliance with the law and business planning and development. Example: Northwest Counseling and Guidance Clinic may review your health record to determine the efficiency of the services provided to you in the emergency room.

Example: Northwest Counseling and Guidance Clinic may contact you as part of a fundraising activity sponsored by your health care provider.

Uses or Disclosures of Your Protected Health Information Permitted Without Your Authorization -Without your written authorization, Northwest Counseling and Guidance Clinic may use or disclose your health information for the following purposes:

As Required by Law: Northwest Counseling and Guidance Clinic may use or disclose protected health information to the extent that the use or disclosure is required by law and the use or disclosure complies with and is limited to the relevant requirements of the law. Uses or disclosures required by federal privacy rule and limited by the more protective requirements of state law include the following: 1) disclosures about victims of elderly or child abuse; 2) disclosures for judicial and administrative proceedings; or 3) disclosures for law enforcement purposes.

Public health: As required by law, Northwest Counseling and Guidance Clinic may disclose your protected health information to the State of Wisconsin for the purpose of statutory reporting.

Northwest Counseling and Guidance Clinic may disclose your protected health information excluding mental health, alcohol or drug abuse or developmental disabled or HIV test result to a state or federal public health agency for the purpose of preventing or controlling disease, injury or disability. Northwest Counseling and Guidance Clinic may disclose your protected health information excluding your HIV test result without your authorization to a county agency investigating child abuse. Northwest Counseling and Guidance Clinic may disclose your protected health information excluding mental health, alcohol or drug abuse or developmental disabled or HIV test result without your authorization to the Food and Drug Administration (FDA). Northwest Counseling and Guidance Clinic may disclose your HIV test result without your authorization to a person that may have sustained a contact that carries a potential for transmission of HIV.

Northwest Counseling and Guidance Clinic may disclose your protected health information that is reasonably related to a work related illness or injury if an application for workers' compensation has been filed.

Victims of abuse, neglect or domestic violence: Northwest Counseling and Guidance Clinic may disclose health information except for an HIV test result if Northwest Counseling and Guidance Clinic reasonably believe that an individual is a victim of child or elderly abuse.

Health oversight activities: Northwest Counseling and Guidance Clinic will not disclose HIV test results to health care oversight agencies without an authorization. Northwest Counseling and Guidance Clinic may disclose your mental health, alcohol or drug abuse or developmental disability related health information to the Department of Health and Family Services, to the county for coordination of human services and to a representative of the board on aging and long-term care. The remainder of your protected health information may be disclosed without your authorization to a state or federal agency.

Judicial and Administrative Proceedings: Northwest Counseling and Guidance Clinic may disclose your protected health information in response to a court order. Northwest Counseling and Guidance Clinic may disclose your protected health information in response to a subpoena if Northwest Counseling and Guidance Clinic is a party to a court action, Northwest Counseling and Guidance Clinic has received your authorization to disclose and has not complied within two business days or Northwest Counseling and Guidance Clinic failed to respond to a request for workers' compensation records. Northwest Counseling and Guidance Clinic may disclose your protected health information excluding mental health, alcohol or drug abuse or developmental disabled or HIV test result in response to a subpoena from a state or federal agency.

Law enforcement: Northwest Counseling and Guidance Clinic may disclose your protected health information except for HIV test results to county law enforcement officials for the reporting and investigation of elderly and/or child abuse. Northwest Counseling and Guidance Clinic may disclose your protected health information except for mental health, alcohol or drug abuse or developmental disabled or HIV test results to state and federal law enforcement officials. Northwest Counseling and Guidance Clinic may disclose mental health, alcohol or drug abuse or developmental disabled protected health information for limited law enforcement purposes as required by law. Northwest Counseling and Guidance Clinic may disclose your protected health information to a law enforcement official in response to a court order.

For activities related to death: Coroner or Medical Examiner- Northwest Counseling and Guidance Clinic may use or disclose your protected health information that is not an HIV test result or related to mental health, alcohol or drug abuse and developmental disabilities to a coroner or medical examiner. Funeral Director- Northwest Counseling and Guidance Clinic may use or disclose your HIV test result a funeral director.

For caregiver organ, eye or tissue donation purposes- Northwest Counseling and Guidance Clinic may use or disclose your HIV test result to organ procurement organizations or other entities engaged in the procurement, banking, or transplantation or caregiver organs, eyes or tissue for the purpose of facilitating organ, eye or tissue donation and transplantation.

Northwest Counseling and Guidance Clinic may use or disclose your HIV test result and protected health information that is not related to mental health, alcohol or drug abuse and developmental disabilities, to organ procurement organizations or other entities engaged in the procurement, banking, or transplantation or caregiver organs, eyes or tissue for the purpose of facilitating organ, eye or tissue donation and transplantation.

Research: Northwest Counseling and Guidance Clinic may use or disclose your protected health information for research purposes if the researcher has obtained your permission or fulfilled the stringent privacy requirements of state and federal law.

To avoid a serious threat to health or safety: Northwest Counseling and Guidance Clinic may disclose your protected health information under limited circumstances to law enforcement officials to avert a serious threat to health or safety.

Disclosures for specialized government functions: Northwest Counseling and Guidance Clinic may disclose protected health information excluding mental health, alcohol or drug abuse or developmental disabled or HIV test result for national security, for protection of the President and for medical suitability determination or of Armed Forces personnel to a state or federal agency.

Northwest Counseling and Guidance Clinic may disclose protected health information to limited staff of a correctional institution or a custodial law enforcement official for the provision of health care and the transport of inmates.

Workers compensation: Northwest Counseling and Guidance Clinic may disclose protected health information reasonably related to a workers' compensation injury.

Northwest Counseling and Guidance Clinic has attempted to explain with this notice the circumstances where state law may be more protective than the federal privacy rule and provides greater privacy protection.

Except for the situations listed above and treatment, payment or health care operation purposes, the use or disclosure of your health information requires Northwest Counseling and Guidance Clinic to obtain your written authorization. You may withdraw your authorization in writing at any time by submitting your written withdrawal to Northwest Counseling and Guidance Clinic's Privacy Officer.

Patient Complaint Process-If you believe your privacy rights have been violated, you may file a complaint with Northwest Counseling and Guidance Clinic or with the Secretary of the Department of Health and Human Services. There will be no retaliation against you for filing a complaint.

To file a complaint with Northwest Counseling and Guidance Clinic please contact the Northwest Counseling and Guidance Clinic's Privacy Officer who will provide you with the necessary assistance.

If you have any questions or concerns regarding your privacy rights or the information in this notice, please contact: Ginny Wickman (715-327-4402)

Northwest Counseling and Guidance Clinic  
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Frederic, WI 54837  
Phone number: 715-327-4402  
Fax number: 715-327-8509  
Email address: ginnyw@nwcgc.com

Please retain this notice for your records and sign, date and return the next page to Northwest Counseling and Guidance Clinic as an acknowledgment that you did receive this notification. Thank you.